



Point & Say

with Cosima

Free printable word cards and games for little talkers

Family - Birthday - Feelings - Fall - Help Words - Body - Dress Up - Bath



For grown-ups

How to use these cards



Go slow.

Hold up one card, say the word clearly, then wait. Count to five in your head before you help.

Every answer counts.

A point, a look, a sound, a sign, or a word. Celebrate all of them!

Signs.

If your child uses signs, use the signs your child's speech therapist teaches.

Watch together.

Each set matches a Cosima video. Watch, pause, and use the cards to play along.

Keep it short.

Two or three minutes of play is plenty. Stop while it's still fun.

Make it theirs.

Tape cards on the fridge, the bath wall, or a door. Add your own family photos.

These cards are for play and practice at home. They are not therapy or medical advice.

Family Cards (1)

Who is this? Point and say. Cut on the dashed lines.



mommy



daddy



baby



sister



brother



grandma

Family Cards (2)

Who is this? Point and say. Cut on the dashed lines.



grandpa



uncle



auntie

Family: Where is it?

Say "Where is ____?" and let your child point, sign, or say it.



mommy



daddy



baby



sister



brother



grandma



grandpa



uncle



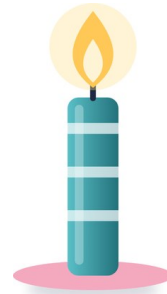
auntie

Birthday Cards (1)

Party words and party moves! Cut on the dashed lines.



cake



candle



balloon



present



hat



clap

Birthday Cards (2)

Party words and party moves! Cut on the dashed lines.



stomp



hands up



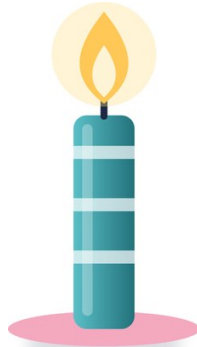
blow

Birthday: Where is it?

Say "Where is ____?" and let your child point, sign, or say it.



cake



candle



balloon



present



hat



clap



stomp



hands up



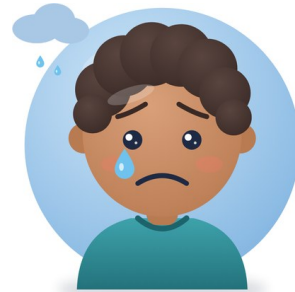
blow

Feelings Cards (1)

How do you feel? Cut on the dashed lines.



happy



sad



mad



tired



scared



silly

Feelings Cards (2)

How do you feel? Cut on the dashed lines.



hungry



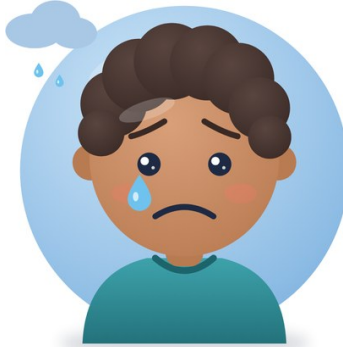
hurt

Feelings: Where is it?

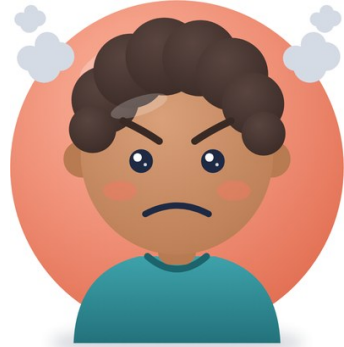
Say "Where is ____?" and let your child point, sign, or say it.



happy



sad



mad



tired



scared



silly



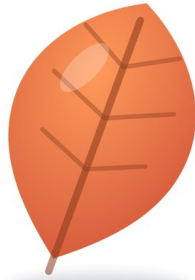
hungry



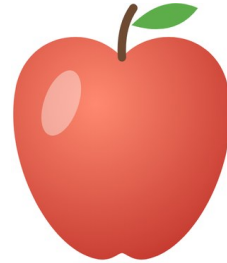
hurt

Fall Cards (1)

Look outside! What do you see? Cut on the dashed lines.



leaf



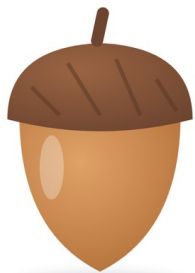
apple



pumpkin



rain



acorn



squirrel

Fall Cards (2)

Look outside! What do you see? Cut on the dashed lines.



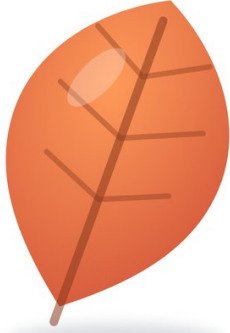
tree



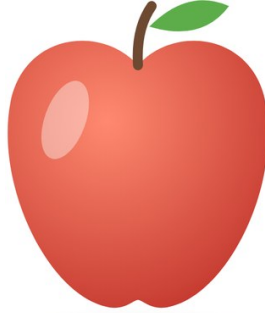
wind

Fall: Where is it?

Say "Where is ____?" and let your child point, sign, or say it.



leaf



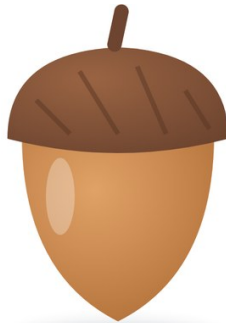
apple



pumpkin



rain



acorn



squirrel



tree



wind

Asking for Help Cards (1)

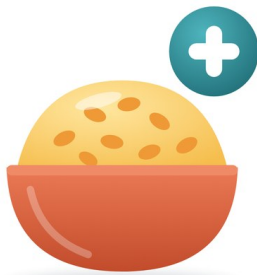
Words that get things done. Cut on the dashed lines.



want



help



more



please



stop



go

Asking for Help Cards (2)

Words that get things done. Cut on the dashed lines.



open



wait



up



all done

Asking for Help: Where is it?

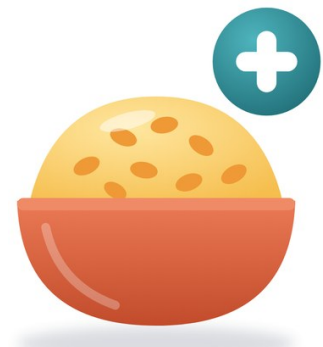
Say "Where is ____?" and let your child point, sign, or say it.



want



help



more



please



stop



go



open



wait



up

Body Parts Cards (1)

Point to your... Cut on the dashed lines.



eyes



ears



nose



mouth



hands



feet

Body Parts Cards (2)

Point to your... Cut on the dashed lines.



head



tummy

Body Parts: Where is it?

Say "Where is ____?" and let your child point, sign, or say it.



eyes



ears



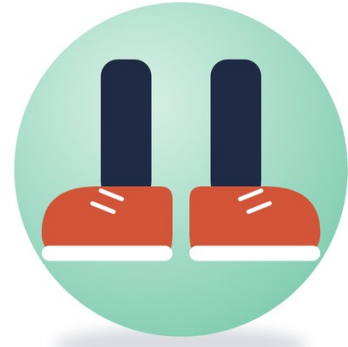
nose



mouth



hands



feet



head



tummy

Dress Up Cards (1)

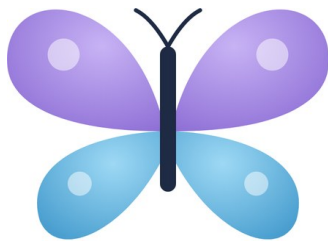
Pretend and play! Cut on the dashed lines.



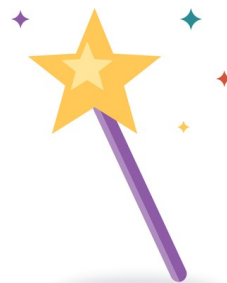
cape



crown



wings



wand



hat



costume

Dress Up Cards (2)

Pretend and play! Cut on the dashed lines.



treat

Dress Up: Where is it?

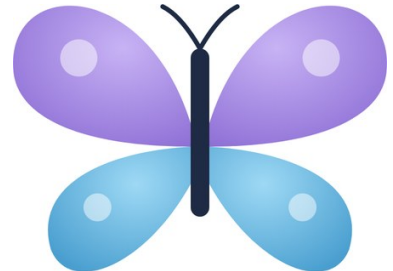
Say "Where is ____?" and let your child point, sign, or say it.



cape



crown



wings



wand



hat



costume



treat

Bath Time Cards (1)

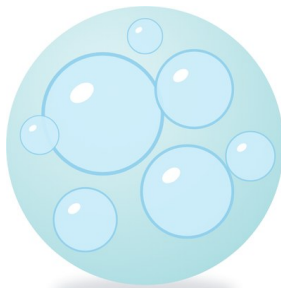
Splish, splash! Cut on the dashed lines.



bath



soap



bubbles



splash



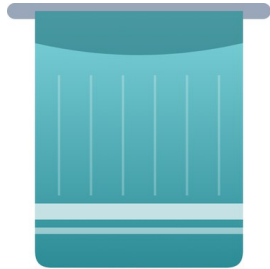
water



wash

Bath Time Cards (2)

Splish, splash! Cut on the dashed lines.



towel



dry



duck

Bath Time: Where is it?

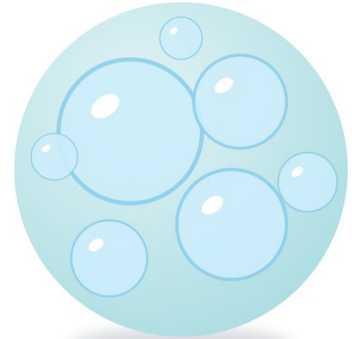
Say "Where is ____?" and let your child point, sign, or say it.



bath



soap



bubbles



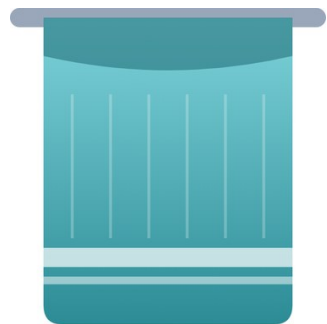
splash



water



wash



towel



dry



duck

How old are you?

Show me with your fingers! Count together, then point to your number.



 1	 2	 3	 4	 5
 6	 7	 8	 9	 10



Today I am _____ years old!

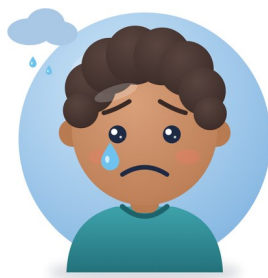
If today is your birthday, hands up! Stomp your feet!

Today I feel...

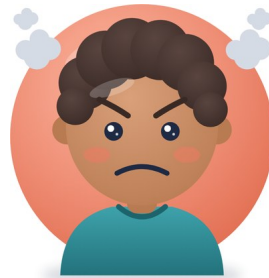
Point to a face. Grown-ups: name it back, "You feel happy!"



happy



sad



mad



tired



scared



silly



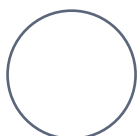
hungry



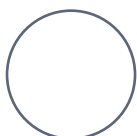
hurt

Draw a face or put a sticker under each day.

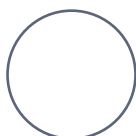
Mon



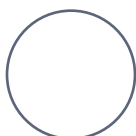
Tue



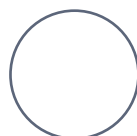
Wed



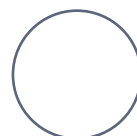
Thu



Fri



Sat



Sun

